



SEACSM Leadership Development Training Program 2026 Award Application

The purpose of the SEACSM Leadership Development Training Program (LDTP) is to encourage student members to participate in activities that will lead to successful mentored experiences at the Annual Meeting, enhanced pathways to degree completion and career opportunities, and increased SEACSM and ACSM service. The LDTP awards are for up to \$599 each. Students may participate in the program for one year. Priority will be given to applicants who have not participated in the program in the past

LDTP recipients will be matched with a professional SEACSM member who will assist the student with setting goals, preparing for attending the Annual Meeting, providing active mentorship at the meeting to connect the student with potential academic, research, and service opportunities, and guide the student through next steps to achieve their educational/professional goals after the meeting.

Eligibility:

All applicants must meet the following criteria:

1. Be currently enrolled in a program in kinesiology, exercise science, sports medicine, epidemiology, or a related field.
2. Be a citizen, citizen national or permanent resident of the U.S.
3. Have a financial need for the award.

Application instructions:

All application materials must be submitted by December 8, 2025 by 5:00 pm ET. The application includes an online form and a written recommendation.

The online application form is available at: <https://forms.gle/gAHUmJyPDdyjbmbPB8>

The form includes:

- Applicant information, including eligibility and education history
- Responses to the following “essay” questions:
 1. Why you are applying for the SEACSM LDTP program
 2. Your reasons for wishing to attend the SEACSM Annual meeting
 3. Your goals for the mentoring experience
 4. How the LDTP award will help you and your plans as a student and professional
 5. How you think this experience will advance your academic and scholarly goals
 6. Your interest in greater involvement with SEACSM and ACSM in the future
 7. The reason(s) for your financial need to attend the SEACSM Annual Meeting

Additionally, you must provide one recommendation which will be submitted separately by the recommender. This includes:

1. Evaluation form
2. Letter of recommendation

Review process

1. Your application will be reviewed by a panel of SEACSM professional members.
2. Evaluation is based on
 - a. meeting the application criteria
 - b. the completeness and professionalism of your application
 - c. demonstrating your reasons and goals for the program in your essay
 - d. the support of your professional reference
 - e. submission of all application materials by the deadline
3. Decisions will be communicated to applicants in January 2026.

SEACSM Leadership Development Training Program

LETTER OF RECOMMENDATION

The purpose of the SEACSM Leadership Development Training Program is to encourage candidates who are SEACSM student members to participate in activities that will lead to successful mentored experiences at the Annual Meeting, enhanced pathways to degree completion and career opportunities, and increased SEACSM and ACSM service. The LDTP awards are for up to \$599 each.

In the LDTP program, participants will be matched with a professional SEACSM member who will help the student set goals and prepare for attending the Annual Meeting, provide active mentorship at the meeting to connect the students with potential academic, research, and service opportunities, and guide the student through next steps to achieve their goals after the meeting.

Please note that the applicant will be evaluated based on your responses to the items below and your letter of support, as well as their application materials. This evaluation is important for determining LDTP awards.

Please send your completed evaluation form and letter of recommendation via email to SEACSM Past-President Kim Reich at kreich@highpoint.edu by 5:00 pm ET on December 8, 2025. In the subject line please write the applicant's name and "LDTP."

SEACSM Leadership Development Training Program

LETTER OF RECOMMENDATION

Applicant's Name:

Date of Evaluation:

Recommender's Name:

Recommender's Institution:

Please rank the following as 5=highest, 0=lowest

1. Applicant's academic and/or scholarly achievement, including work ethic, quality, and productivity
2. Applicant's leadership skills and experience
3. Applicant's long-term interest in an academic, research, or other ACSM-related career
4. Applicant's potential to contribute to SEACSM and ACSM
(e.g., presentations, service, other leadership roles)
5. Importance of LDTP award for applicant to attend the SEACSM Annual Meeting

Signature

Date

Please write a letter including the following:

Applicant's Name

Your Name

Title/Position/Institution

Your involvement with SEACSM and ACSM

Please provide the following information:

- How long and in what capacity have you known the applicant?
- Describe the quality of the applicant's academic and/or scholarly work.
- In what ways is the applicant a good candidate for the LDTP program?
- How do you think the applicant would benefit from attending the SEACSM Annual Meeting?
- Evaluate the applicant's interest and long-term potential to contribute to SEACSM and ACSM.

Please rate the applicant according to:

- General knowledge
- Leadership skills
- Persistence toward goals
- Maturity
- Professionalism